



# Memo

**To:** AMVC Employees  
**From:** Jim Arkens, VP of Human Resources & AVMC Foundation  
**Date:** May 20, 2026  
**Re:** Human Resources-Benefits Team

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For all employees enrolled in any of AVMC's health insurance or voluntary benefits plans; we would like to extend a friendly reminder of how to contact our Benefits Team in case you have any questions or concerns regarding your benefits.

If you or a family member is experiencing an ongoing concern with any of our health insurance providers (i.e. Anthem, Kaiser, Delta Dental, VSP, etc.) and need additional assistance, please do not hesitate to contact our Benefits Team.

Our Benefits Team will do their best in assisting and providing additional resources and/or escalate the concern to the appropriate account management for resolution.

The Benefits Team can be reached via email at [humanresources@avmc.org](mailto:humanresources@avmc.org) or directly:

- ❖ Mary Lawson-McFadden Sr. Benefits Specialist 661. 949-5155
  - [Mary.Lawson-McFadden@avmc.org](mailto:Mary.Lawson-McFadden@avmc.org)
- ❖ Amy Noriega Leave and Benefits Specialist 661.949-5885
  - [Amy.Noriega@avmc.org](mailto:Amy.Noriega@avmc.org)
- ❖ Wanda DeCoud Benefits Manager 661.949-5171
  - [Wanda.Franks@avmc.org](mailto:Wanda.Franks@avmc.org)

**2026 AVMC Benefits are located on the AVMC Portal > MyHR > Benefits Library Page 2026**